

Advanced Certificate in Exercise Rehabilitation and Nutrition Therapy for Sports Injuries
Programme Code: HS190A

Application Code: 2070-HS190A

 3762 0833

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Treatment of sports injuries at the right time with proper technique, equipment and diet are crucial for full recovery. The combination of nutrition and physical therapies is essential to promote optimal outcomes. This programme aims to provide knowledge and skills in the areas of exercise rehabilitation and nutrition therapy for those who are interested in the treatment of sports and exercise injuries, such as athletes, personal trainers, coaches, nutritionists, dietitians and other health professionals. In addition to the basic principles of exercise rehabilitation and nutrition therapy, cutting-edge scientific based strategies and practical skills for injury recovery will also be covered.

R Applicants shall:

- hold a bachelor's degree awarded by a recognised university; OR
- hold an Associate Degree or a Higher Diploma awarded by a recognised institution with at least 1 year related work experience; OR
- have gained four passes in the HKCEE plus English Language at Level 2* with at least 3 years related work experience; OR
- have gained in the HKDSE Examination Level 2 in 5 subjects including English Language with at least 3 years related work experience; OR
- (i) be mature students over the age of 25 with extensive work experience; AND
- (ii) provide evidence of English proficiency, such as HKCEE or HKDSE English Language at Level 2*.

[More details](#)

 HK\$16,800

Application Fee: HK\$150

 5 months

 English

 Level 4 (Reg. No.: 21/000348/L4) Validity Period: 01 Jun 2021 - on-going



長者基本物理治療技巧基礎證書

課程編號 : HS159A

 2975 5688

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此課程為學員提供基礎物理治療技巧和長者復康的理論與技巧，以協助院舍內或家庭中的長者進行基礎運動治療、預防摔倒及常見的神經系統疾病例如帕金森氏症或中風患者的物理治療方法。

 HK\$8,800

報名費用 : HK\$150

 4個月

 資歷架構級別 : 2 資歷名冊登記號碼 : 19/000096/L2
資歷名冊登記有效期 : 2019年5月6日 - 持續有效



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NCR1 This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR2 These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR3 The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。