

Certificate in Yoga Teacher Training 瑜伽導師訓練證書

HS175A / 2370-1659AW

YTT23

No.	Date	Monday	Wednesday	
		7-10pm	7-10pm	
1	23/02/2026	3		
2	25/02/2026		3	
3	02/03/2026	3		
4	04/03/2026		3	
5	09/03/2026	3		
6	11/03/2026		3	
Holiday	16/03/2026	0		
7	18/03/2026		3	
8	23/03/2026	3		
9	25/03/2026		3	
10	30/03/2026	3		
11	01/04/2026		3	
Holiday	06/04/2026	0		
12	08/04/2026		3	
13	13/04/2026	3		
14	15/04/2026		3	
15	20/04/2026	3		
16	22/04/2026		3	
17	27/04/2026	3		
18	29/04/2026		3	
19	04/05/2026	3		
20	06/05/2026		3	
21	11/05/2026	3		
22	13/05/2026		3	
23	18/05/2026	3		
24	20/05/2026		3	
Holiday	25/05/2026	0		
25	27/05/2026		3	
26	01/06/2026	3		
27	03/06/2026		3	
28	08/06/2026	3		
29	10/06/2026		3	
30	15/06/2026	3		
31	17/06/2026		3	
32	22/06/2026	3		
33	24/06/2026		3	
34	29/06/2026	3		
Holiday	01/07/2026		0	
35	06/07/2026	3		
36	08/07/2026		3	
37	13/07/2026	3		
38	15/07/2026		3	
39	20/07/2026	3		
40	22/07/2026		3	
41	27/07/2026	3		
42	29/07/2026		3	
43	03/08/2026	3		
44	05/08/2026		3	
45	10/08/2026	3		
46	12/08/2026		3	
47	17/08/2026	3		
48	19/08/2026		3	
49	24/08/2026	3		
50	26/08/2026		3	
51	31/08/2026	3		
52	02/09/2026		3	Exam
53	07/09/2026	3		Exam
54	09/09/2026		3	Exam
55	14/09/2026	3		Exam
56	16/09/2026		3	Exam
57	21/09/2026	3		Exam
58	23/09/2026		3	Exam
59	28/09/2026	3		Exam
60	30/09/2026		3	Exam
61	05/10/2026	3		Exam
62	07/10/2026		3	Exam
63	12/10/2026	3		Exam
64	14/10/2026		3	Exam
Holiday	19/10/2026	0		
65	21/10/2026		3	Exam
66	26/10/2026	3		Exam
67	28/10/2026		2	Exam
後備日	02/11/2026	0		
後備日	04/11/2026		0	
後備日	09/11/2026	0		
Total hours:		200		

Time: 7pm-10pm (Mon), every Monday
7pm-10pm (Wed), every Wednesday

Venue: 1101 Sports Lab, 11/F
Island East Campus
494 King's Road, North Point, Hong Kong

(7:00 - 9:00pm)