

**Certificate in Yoga Teacher Training 瑜伽導師訓練證書**  
 HS175A / 2255-2247AW  
 YTT17

No.	Date	Yoga and Anatomy	
		9:00 - 14:00 & 15:00-18:00	
1	24/11/2024	5	(09:00-14:00)
2	1/12/2024	8	
3	8/12/2024	8	
4	15/12/2024	8	
5	22/12/2024	8	
6	29/12/2024	8	
7	5/1/2025	8	
8	12/1/2025	8	
9	19/1/2025	8	
10	26/1/2025	8	
11	2/2/2025	8	
12	9/2/2025	8	
13	16/2/2025	8	
14	23/2/2025	8	
15	2/3/2025	8	
16	9/3/2025	8	
	16/3/2025	No Class	
17	23/3/2025	8	
18	30/3/2025	8	
19	6/4/2025	8	
20	13/4/2025	8	
	20/4/2025	No Class	
21	27/4/2025	8	
22	4/5/2025	8	Exam
23	11/5/2025	8	Exam
24	18/5/2025	8	Exam
25	25/5/2025	8	Exam
26	1/6/2025	3	Exam (09:00-12:00)
後備日	8/6/2025		
後備日	15/6/2025		
後備日	22/6/2025		
	Total Hours	200	

**Time:** 9:00 - 14:00 & 15:00 - 18:00 (Every Sunday)  
**Venue:** 1101 Sports Lab, 11/F  
 Island East Campus  
 494 King's Road, North Point, Hong Kong